



**Catholic
Memorial**
HIGH SCHOOL

Semester Long Course Plan

Department: Theology

Course: Love and the Christian Lifestyle 150

Essential Learning Outcomes: After successfully completing this course, students will be able to:

- Delineate the developmental tasks that are necessary to answer the fundamental question, “Who am I?”
- Appreciate the mystery of love as explored by Pope Benedict XVI in *Deus Caritas Est*
- Recognize the redemptive value of suffering as modeled by John Paul II and Blessed Mother Theresa
- Value the significance of human work as an aspect of their self-realization

Quarter 1	Quarter 2
<p>Unit 1: Rationale for Relationships</p> <ul style="list-style-type: none"> • Love, Happiness, Peace • Problem of Isolation • Basic Interpersonal Relationships • New Age Illusions <p>Unit 2: The Nature of a Christian Lifestyle</p> <ul style="list-style-type: none"> • The Allo-centric vs. the Ego-centric <p>Unit 3: The “Know Thyself Project”</p> <ul style="list-style-type: none"> • Building a Center...a Core • Non-negotiables • God and “Who We Are” • Humans vs. Animals • Other Components of the “KTP” • What about Genetic Self-Knowledge • Autonomy as a Developmental Task • “I” + “A” + “P” = “J” • Fear and Its Antidote • God/Jesus and Relating 	<p>Unit 4: The Mystery of Love</p> <ul style="list-style-type: none"> • Infatuation vs. Love • Types of Love • <i>Deus Caritas Est</i> • Dr. Jill Murry on Dating/Abuse • Christian Marriage vs. Cohabitation <p>Unit 5: The Mystery of Suffering</p> <ul style="list-style-type: none"> • Thoughts of John Paul II (<i>Salvifici Doloris</i>) • Thoughts of Blessed Mother Teresa (<i>Words to Love By</i>) <p>Unit 6: The Significance of Human Work</p> <ul style="list-style-type: none"> • Work as Vocation...A Calling • John Paul II’s Reflections on Work (<i>Laborem Exercens</i>)